



SUMMER TERM 2006
Courses & Special Events

University of Hawai'i at Manoa
Colleges of Arts & Sciences

Osher Lifelong Learning Institute
Colleges of Arts & Sciences
Office: Krauss Hall 113, UH Manoa
Mailing: PMB #460
2440 Campus Road
Honolulu, Hawaii 96822

UHM Parking Information

• **See UHM Visitor Parking map on page 23:** Parking is available at visitor lots on the UHM campus for \$3 per day, payable upon entering campus. After 4 pm on weekdays and weekends, visitors may park anywhere on the main campus above Dole Street (except in reserved or handicapped parking stalls). On Saturday evenings, Sundays, and holidays, parking is free, with occasional exceptions for large campus events such as conferences.

• **Handicapped Parking Permits:** If you possess a valid City & County Disability Placard, you may purchase a visitor parking entry for \$3 at any campus entry gate and park in any legal, marked parking stall on campus. **Display the visitor parking ticket on the dashboard and place the City & County Disability Placard on the rearview mirror.**

• **Campus Shuttle and Express Shuttle Services** do not operate on regular schedule during Summer Term. Full shuttle service will resume at the start of the UHM Fall Semester, August 21.

UHM SUMMER TERM HOLIDAYS

Monday, May 29, Memorial Day (observed)
Monday, June 12, Kamehameha Day
Tuesday, July 4, Independence Day
Friday, August 18, Statehood Day
Monday, September 4, Labor Day

LEARN JUST FOR THE JOY OF IT!

Enjoy learning in a relaxed environment without exams or grades. Join the Osher Lifelong Learning Institute (OLLI) at the University of Hawaii at Manoa and meet like-minded peers interested in pursuing intellectual challenges. Inside these pages you'll find our Summer Term 2006 classes, workshops, and special events -- scheduled June 6 through September 26.

OLLI is an award-winning program established at UH Manoa in 1997 by a group of retired professors and community elders. It is supported by a generous endowment from The Bernard Osher Foundation and underwritten by members' contributions and support from the UHM Colleges of Arts and Sciences. *Join us at OLLI!*

HOW TO ENROLL OR REACH OLLI

For more information about the Osher Lifelong Learning Institute courses, opportunities, and membership benefits, see the center section of this brochure, or call OLLI Director Rebecca Goodman at 956-8224.

Visit our UHM offices and classrooms in Krauss Hall 113, or check the OLLI website: <http://www.all.hawaii.edu/>

• MAILING ADDRESS •

**Osher Lifelong Learning Institute
PMB #460
2440 Campus Road
Honolulu, HI 96822**

INDEX TO OLLI COURSES

SUMMER 2006

Courses and Workshops

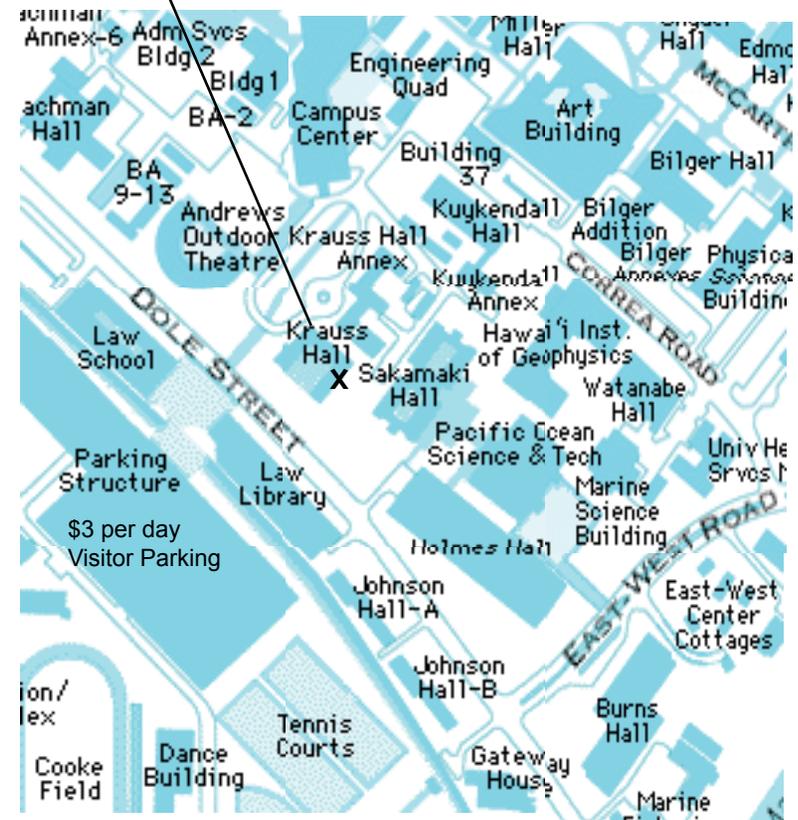
Zen Painting	3
Writing Workshop: <i>Making Poems Happen</i>	4
Astronomy: Hawaiian Skies--Part II.....	4
Nutrition Q & A with Dr. Dooley.....	5
Culinary Cinema: <i>Tour of Asia</i>	5
Ways of Knowing	6
Marvelous Materials: <i>How Did They Make Them?</i>	7
Contemporary Museum: <i>Tour & Lunch</i>	7
The Illuminated Life® Workshop	8
Writers' Circle	9
Memoirs Group	9
Computer Tutoring: <i>One-on-One</i>	10
Chi Kung Workshop	10

Special Events

Dramatic Readings	15
<i>Sustainable Hawaii: Energy Self-Sufficiency</i>	16
<i>Trials and Tribulations</i>	16
Art, Wine, Cuisine in Dordogne and Provence....	17
The John Young Museum of Art Tour	18
<i>Humanists Hawaii</i> Lectures and Discussions.....	18
Improving Literacy Achievement	19
Lecture by Photojournalist Frederic Larson	20

<u>Course Participation Forms</u>	11 -14
<u>OLLI donation form; UH Map</u>	22 - 23
<u>Parking and Campus Shuttle Information</u>	24

Campus Map, University of Hawaii -Manoa Osher Lifelong Learning Institute Krauss Hall 112-113



Visitor parking is available for \$3 Monday - Saturday in the Parking Structure on Dole Street across from OLLI's classrooms in Krauss Hall. **Enter the Parking Structure on Lower Campus Road (first right off Dole Street past the University Avenue and Dole Street intersection).** Three other visitor parking lots are located: 1. behind Kennedy Theatre on East-West Road; 2. behind Sinclair Library off University Avenue; and 3. adjacent to the Kamakakuokalani Building off Dole Street past the Hawaiian Studies Center. After 4 pm, visitors may park in any legal parking stall on campus (with exception of reserved and disabled stalls). Free campus shuttle service also serves the Dole Street area during the Fall and Spring Semesters.

UHM Campus map by Julsun D. Pacheco, Cartography Lab, UHM Geography Dept.

The **vitality** of the Osher Lifelong Learning Institute depends on **you** -- your patronage, support and generosity. Now that you've joined OLLI, please help the program grow with an additional tax-deductible contribution. Your donation is greatly appreciated.

Here's my contribution to continued OLLI program excellence: \$25__ \$50__ \$100__ \$250__ Other: \$__

NAME: _____

ADDRESS: _____

ZIP: _____

TELEPHONE: _____

Check here if you do NOT want your name to appear in donor listings that the Colleges of Arts and Sciences may publish in appreciation of your support.

I would like to discuss a gift or bequest with a development representative for OLLI.

Make check payable to UH Foundation, #123-079-04
Contributions are tax deductible to the extent provided by law.

Mail to: Osher Lifelong Learning Institute-UHM
PMB #460
2440 Campus Road
Honolulu, HI 96822



Thanks for your support!



OLLI Course Descriptions

◆ Zen Painting

Instructor: Andy Kay, Calligrapher, Painter, longtime student of painting and calligraphy master *Ho Tit-Wah* (Iron Flower Chan Art Center, Honolulu)

Dates: Thursdays, June 8, 15, 22, 29, July 6, 13, 20, 27

Time: 1 pm - 4 pm

Location: Krauss Hall 112

NOTE: An additional class materials fee of \$40 is to be paid to instructor at first class session. Materials to be provided will include ink stick, inkstone, special brush and paper.

Enrollment limit: 12 only

Description: Ever since paper was invented in China about 2,000 years ago, the tools of the scholar's studio have included paper, inkstick, inkstone, and brush. This class will employ the same equipment, grinding ink on inkstone to study and practice inspiring works by masters *Bada Shanren* and *Shih Tao* (17th Century) and *Chi Bai-Shih* (20th Century) in the pursuit of self-expression. The course will encourage creativity and include an introduction to the materials, techniques, and philosophy of Asian brushwork. Participants will explore the Tao of painting and making ink as well as the relationship between ink and ch'i (vital spirit connected with universal life force). Over the eight sessions of the class, we will paint lines, circles and other elements while focusing on ch'i, posture, creativity and ink flow. Asian brushwork is an elegant expression of creativity. Mr. Kay says that the art form looks complicated, but, in fact, "it doesn't take talent; it just takes practice."

NOTE: Class has an additional \$40 materials fee.



◆ Making Poems Happen

Instructor: Tia Ballantine, Ph.D., UHM English

Dates: Wednesdays, July 5, 12, 19, 26, August 2, 9

Time: 1 pm - 3 pm

Location: Krauss 113-B

Description: In this six-week writing workshop participants will write free verse, experiment with form, and listen to each other and the world. Come express yourself and create a universe.

◆ Hawaiian Skies--Part II

Instructor: Michael Chauvin, Ph.D., M. Phil., author of *Hokuloa: The British 1874 Transit of Venus Expedition to Hawaii* (Honolulu: Bishop Museum Press, 2004)

Dates: Thursdays, July 6, 13, 20, 27

Time: 10:30 am to Noon

Location: Krauss Hall 112 **Enrollment Limit:** 20

Description: By popular demand, this four-part course is being offered as a sequel to the Osher Institute's *Introduction to Hawaiian Skies* course and will continue to discuss the study of astronomy in Hawaii, with particular emphasis on historical and cultural elements. As in Part I, an examination of several distinct topics in Hawai'i's unique astronomical heritage will reveal how Hawai'i's history and culture have been enlivened by astronomical pursuits both before and since Western astronomical apparatus arrived in the Islands with Captain Cook.

To begin, the activity of looking at the stars can be a source of enchantment, giving rise to an assortment of myths that have identifiable astronomical associations. But the lure of modern astronomy in Hawaii is a different sort: -- inspired by advances in science and technology, and attracting astronomers

(Continued on page 21)

Hawaiian Skies -- Part II

(Continued from page 4)

from foreign lands -- just as it did in the days of King Kalakaua -- the thrill of learning about the stars continues today, whether from a remote mountaintop observatory or a neighborhood planetarium.

This course will be divided into four parts:

- **Hawaiian Star and Sky Mythology:** What is mythology? Distinguishing myths from lies and fables. Euhemeristic and Jungian interpretations. Cosmogonic myths (Papa and Wakea). Heroic paradigm and related examples from Greece (Perseus, Hercules) and Hawaii (Maui: The Hawaiian Superman). Hina and the moon. Makali'i. Pele. Kalaipahoa.

- **British Astronomy in Hawaii: Cambridge Connections:** Astronomers Royal and the Cambridge-Greenwich tie; the Cook Family Memorial in Cambridge; astronomer William Gooch: his visit to Hawaii and his murder at Waimea (Oahu); the Forbes-Barnacle transit of Venus team at Kailua-Kona; Leonard Darwin's 1875 visit to Honolulu Harbor.

- **David Kalakaua, Hawai'i's Astronomer-King:** Kalakaua's astronomical education at the Royal School; his transit of Venus enthusiasms; his visit to the Connecticut home of astronomer C.S. Lyman; his visit to the Lick Observatory in California; the contents of his library: Olmsted's *Rudiments*; his appointments to the 1884 International Meridian Conference.

- **Planetarium Workshop at The Bishop Museum:** the celestial sphere; meridian, azimuth, equator, ecliptic; the zodiac; the moon and naked-eye planets; sunrise and sunset positions; circumpolar stars; celestial navigation inside the Hawaii-Tahiti corridor.

◆ **Lecture by Photojournalist Frederic Larson**

Date: Wednesday, July 12

Time: 7 pm - 8: pm

Location: Yukiyoishi Room, Krauss 012

Description: As a photojournalist with the *San Francisco Chronicle* for more than 25 years and Pulitzer Prize finalist (1988) for documentary work on the survivors of Hiroshima and Nagasaki, Frederic Larson has tackled a wide array of assignments over the course of his career. His recently published book, *Mystical San Francisco*, contains captivating images of the City by the Bay in sunrise, sunset, moonlight and fog. Larson has twice been named California Press Photographer of the Year and his images have been included in 10 books. In this lecture, Larson will present a selection of his photographic images and discuss his vision, techniques, and documentary projects including his recent trip to Sri Lanka to photograph the survivors and the aftermath of the 2004 tsunami.

This lecture is part of the Shunzo Sakamaki Extraordinary Lecture Series funded by special endowment at the University of Hawaii Foundation. The lecture series is sponsored by the UHM Outreach College and is free and open to the public.

Culinary Cinema III: Tour of Asia

(Continued from page 5)

keeping with the theme/ cuisine of each film. In the restaurant visits following the films, participants will pay on-site for their own restaurant meals (approximately \$15 each not including drinks). Among the films (and featured countries) will be: *Joy Luck Club* (China) ; *A Taxing Woman* (Japan); *Year of Living Dangerously* (Indonesia); *The Quiet American* (Vietnam); and *Chicken Rice War* with a special presentation featuring the instructor's recent Singapore visit.

◆ **Nutrition Question & Answer Session**

Instructor: Dian A. Dooley, Ph.D., Assoc. Professor of Human Nutrition, Food and Animal Sci., UHM; Columnist for HMSA *Island Scene* Magazine

Date: Friday, July 28

Time: 10:30 am to Noon

Location: Krauss Hall 112

Description: In this sequel to last Fall's Nutrition Q&A session at OLLI, Dr. Dian Dooley will field as many questions as possible about nutrition--from amino acids to omega-3 fatty acids to trans fats and more. If you have specific questions or would like more information about what actually constitutes "balanced nutrition," then this session may be helpful. Dr. Dooley has offered to provide answers to nutrition queries posed in advance by OLLI members. **Submit your nutrition queries to OLLI by July 15** and she will use them as the basis for her presentation on July 28. Questions may be emailed to: rgoodman@hawaii.edu or mailed to: Osher Lifelong Learning Institute-UHM, PMB #460, 2440 Campus Road, Honolulu, HI 96822. *(If you prefer, submissions may be anonymous. Just mark the envelope "Nutrition Query" in the bottom-left corner and we will forward it directly to Dr. Dooley's office.)*

◆ **Culinary Cinema III: A Tour of Asia**

Instructor: Thomas Sheeran, World Traveler

Dates: Weds., June 14, 28, July 12, 26, Aug. 2/3 TBA

Time: 5 pm film viewing followed by dinner at restaurant.

Location: View films in Krauss Hall 112. Map/directions to post-film restaurant sites will be provided at each film showing. **Enrollment limit:** 24

Description: In this third part of the Culinary Cinema series, we will continue to savor some tasty film morsels followed by dinners that are in

(Continued on page 20)

◆ **Ways of Knowing**

Instructor: Alice Dash Scheuer, Ph.D.,
Clinical Psychology

Dates: Wednesdays, June 14, 21, 28, July 5

Time: 1 pm - 3 pm

Enrollment limit: 12

NOTE: Priority for enrollment will be given to those who were on the waiting list for this course during Spring Term '06. A separate notification announcement will be mailed to those on the enrollment priority list. If seats are still available after those on the "hold-over" waiting list are consulted, open enrollment will proceed.

Location: Krauss 113-B

Description: What does it mean to 'think'? How do we 'know' what we know? Is *logic* the defining feature of *knowing*? In this course, we will revisit our assumptions about the nature of thinking, considering ways of knowing that have been widely disregarded since the development of the scientific method and its applications in the 18th Century. We shall discuss the meaning of this in our lives.

- **Session 1** -- We will explore the history of science, the benefits and problems of its applications, and current criticisms of the scientific method itself.
- **Sessions 2 and 3** -- We will consider alternate ways of knowing, including intuition, inspiration, revelation, dreams, somatic knowledge, synchronicity, and aesthetic approaches.
- **Session 4** -- We will discuss the possibility that we are entering a new age in the history of human thought.

Reading materials for discussion will be distributed during selected class sessions.

◆ **Improving Literacy Achievement: Lessons From Successful Schools in Hawaii and Chicago, Illinois**

Speaker: Dr. Kathryn H. Au, Endowed Chair in Education, University of Hawai'i

Date: Tuesday, June 20

Time: 7 pm - 9 pm

Location: UHM Art Auditorium, Room 132

Description: In the era of globalization, one of the major goals of U.S. schools is to bring all students to high levels of literacy. A common approach for reaching this goal is to mandate that schools purchase packaged programs. Dr. Kathryn Au presents a different approach--the Standards Based Change Process--which encourages teachers to develop their own staircase curriculum. Au will present the benefits of this approach along with lessons learned from successful schools in Hawaii and Chicago.

Kathryn H. Au is the first person to hold an endowed chair in education at the University of Hawai'i. She currently serves as teacher education consultant to UH West O'ahu and is principal investigator of the Standards Network of Hawai'i, a partnership aimed at improving literacy achievement in more than 50 public schools. Dr. Au's research interests are school change and the literacy learning of students of diverse backgrounds. Her latest book, *Multicultural Issues and Literacy Achievement*, published by Erlbaum, addresses culturally responsive instruction. Au has served in elected leadership positions for national educational associations, and is a member of the *Reading Hall of Fame* and recipient of the *Oscar Causey Award* for outstanding contributions to reading research.

The 21st Annual Shiro Amioka Lecture Series is co-sponsored by UHM Outreach College and the College of Education with support from the Shiro Amioka Endowment Fund.

◆ **Tour The John Young Museum of Art at UHM**

Curator: Dr. L. Benji Nerio

Dates: Sunday, July 30

Time: 1 pm - 2 pm

Location: Krauss Hall 005

Description: When the Manoa floods washed through campus in late October 2004, one of the buildings that sustained major damage was The John Young Museum of Art in Krauss Hall 005. After undergoing more than a year of renovations and restorations in 2005, the museum re-opened in late Spring 2006 with an exhibition of works selected solely from the late artist John Young's private collection. A lifelong collector of world art, Young brought home to Hawai'i an exceptional array of rare and diverse antiquities representing East and Southeast Asia, Oceania, Africa, and the Pre-Columbian Americas. Only a few steps from OLLI classrooms in Krauss Hall, the museum and its adjoining water garden offer an oasis on the UHM campus. Join curator Dr. Benji Nerio for this tour of the museum's newly restored gallery and exhibits.

◆ ***Humanists Hawaii* Lectures and Discussions**

Dates: Sundays, June 25, July 30, August 27, 2006

Time: 10:30 am- 12:30 pm

Location: Krauss 112

Description: These monthly discussions explore the foundations of Humanism and examine questions about ethics and morals as they apply to Humanism. Defined as a "progressive philosophy of life," Humanism aspires to the greater good of humanity. Monthly meetings are open to all thoughtful people. (*Participants in the July 30 meeting are invited to join the post-meeting tour of The John Young Museum of Art at 1 pm. See tour details at top of page.*)

◆ ***Marvelous Materials: How Did They Make Them?***

A Tour of the Honolulu Academy of Arts

Docent: Myra Kent, HAA Docent

Date: Friday, June 23

Time: 10:30 am - 11:30 am **Tour limit: 15 only**

Location: Meet at entrance to Honolulu Academy of Arts, 900 So. Beretania Street.

Description: Wool, silk, linen, pineapple. This art tour will examine the intricate, beautifully crafted tapestries, religious ceremonial robes, gowns, and Asian silks on display in the Honolulu Academy of Arts. Museum docent Myra Kent will lead the tour through several galleries and show how the fiber artists of Europe, China, Japan, and the Philippines skillfully create exquisite fabrics.

◆ **The Contemporary Museum: Art tour & Lunch**

Date: Friday, August 4

Time: Meet at 11:50 am at TCM museum entrance, 2411 Makiki Heights Drive, Honolulu. Tour will begin at noon. Lunch will follow at 1:15 pm in the Contemporary Museum Cafe. **Tour limit: 15 only**

Location: 2411 Makiki Heights Drive.

NOTE: The museum tour is free, however, the special lunch arranged for this tour group will cost \$18 per person. **Please give us your reservations.** Parking at The Contemporary Museum is free.

Description: This docent-led tour of The Contemporary Museum will feature a new exhibit titled *Alimatuan: The Emerging Artist as American Filipino and Hawaiian Filipino*. Following the tour, a special lunch will be available for \$18. Please indicate on the center-page enrollment form whether you plan to participate in the lunch so that we may provide an accurate count to TCM. *Please pay for your lunch at the museum cafe on the day of the tour.*

◆ **The Illuminated Life®**

Facilitator: Abe Arkoff, Ph.D., Professor Emeritus, Psychology, UH Manoa

Dates: Tuesdays, June 6 to September 12

(no meeting on July 4 holiday)

Time: 1 pm to 3 pm (Those accepted for workshop leadership training will remain until 4 pm)

Location: Krauss 113-B

Description: The way we live our lives affects both our physical health and our psychological well-being. Working on our lives can be as important as caring for our bodies. In this workshop (winner of the 2004 *MindAlert Award* from MetLife Foundation and the American Society on Aging), we will form insights about our lives and use them to make our lives more fulfilling and futures more promising.

We will pose a series of “life questions” and pursue our own answers through reading, discussion, and novel exercises. We will learn the vital rules of “caring presence” and “caring discloser” as we support each other and share our work and our lives. This process requires regular attendance throughout the workshop. We will prepare in advance of each meeting by completing a brief unit in the workshop’s “lifebook.” **Before the first meeting, please read Chapter 1 and write out Exploration 1.**

NOTE: The lifebook is available at Professional Image, 1633 S. King, 973-6599. Validated parking is available on the makai-Diamond Head corner of King and University. Call ahead to have a copy prepared for you. Price: \$15.07 includes tax. There are two versions of the book. If you are 55 or older, order *The Illuminated Life: Your Third Age Lifebook*. If younger, order *The Illuminated Life: Your Lifebook*. For further information or to apply for leadership training, please contact Abe Arkoff, 956-6728, afternoons.

◆ **Art, Wine and Cuisine in Dordogne and Provence**

Tour sponsored by the UH Alumni Association

Dates: September 11 to September 22, 2006

Location: Locations throughout Southern France

Description: This Fall the University of Hawaii Alumni Association is sponsoring a custom-designed travel study program to southern France. UH Regent Emerita and Hawaii Honorary Consul Patricia Lee will lead the tour in an in-depth look at the art, wine, cuisine and history of the region from Bordeaux to Provence. Tour highlights will include:

- Finest wineries in Bordeaux and the Dordogne;
- Prehistoric cave paintings at Lascaux;
- Roman ruins, country villages, and Medieval and Renaissance castles;
- Landscapes surrounding Arles and St.-Remy-de-Provence; and
- Palace of the Popes in Avignon

The tour includes first-rate accommodations and cuisine. Featured lodging includes a medieval bishop’s castle in Cahors; a 15th Century chateau; a hotel amidst the *Chateau Smith Haut Lafitte Vineyards* with a vinotherapie spa; and Michelin-starred restaurants throughout the trip.

Pre-trip receptions in Honolulu will include lectures on prehistoric and medieval art in southern France and a master sommelier’s introduction to fine wines of the region. Tour space is limited. Call the UH Alumni Association office at (808) 956-6410 or email kevin.takamori@uhf.hawaii.edu for information about tour costs and reservations. Or, visit the website at: <http://www.UHalumni.hawaii.edu> for more information about the September trip.

◆ *Sustainable Hawaii: Energy Self-Sufficiency*

Presenters: Bob and Kelly King, Pacific Biodiesel

Date: Wednesday, June 21

Time: 7 p.m.

Location: Yuki-yoshi Room, Krauss 012

Description: As the price of oil has skyrocketed, demand for Pacific Biodiesel's fuel (made from used cooking oil and grease) has outstripped its supply. The company now has a plant on O'ahu and refineries in seven states. Learn how the founders of this pioneering effort plan to expand and create a new energy industry in Hawai'i.

◆ *Trials and Tribulations*

Presenter: The Honorable Marie N. Milks, Hawaii State Circuit Judge (Retired)

Dates: Wednesday, June 14

Time: 7 p.m.

Location: Yuki-yoshi Room, Krauss 012

Description: Retired Hawai'i State Judge Marie N. Milks has been described as "Fair," "Tough," "Compassionate," "Smart," "No-nonsense," and "Quick-thinking." In this lecture presentation, Milks will share stories and insights from her pioneering career in law and the judiciary system. After graduating from UH Manoa in the 1960s, Milks was the first Asian woman to attend Georgetown Law Center and one of its few female law students. Her work as a trial and appellate attorney for the state Public Defender's Office gave her valuable trial experience --she tried the state's first murder-for-hire case as a public defender. In 1980 she became the first Asian woman appointed to the Hawai'i State Judiciary. She retired in 2004 and has remained active as a teacher, mediator/arbitrator, and consultant. *The lectures described above are part of the Shunzo Sakamaki Extraordinary Lecture Series funded by special endowment at the University of Hawaii Foundation. The series is sponsored by the UHM Outreach College and is free and open to the public.*

◆ **Writers' Circle**

Facilitator: Yi-Chuan Ching, M.D.

Dates: Writers' group meets alternate Wednesdays through Summer Term beginning **June 14**

Time: 9:30 am - 11:30 am

Location: Krauss 113-B

Description: Those with a yen to write are invited to participate in this circle of serious writers. We will take turns informally reading our own work for reaction and comment. Participants will have a chance to submit work on a regular basis. Enrollment in Writer's Circle is limited. Previous participants will be given preference. Please send email message to: yching@pol.net for more information about joining this seminar.

◆ **Memoirs Group: Writers' Circle II**

Dates: Memoirs Group meets alternate Wednesdays through Summer Term beginning **June 7**

Time: 9:30 am - 11:30 am

Location: Krauss 113-B

Description: Good memoir writing can be both rewarding and difficult. Reflecting upon and recording a lifetime of memories requires creativity, patience, and judicious editing. The Memoirs Group provides an informal place for serious writers to share, review and critique their stories. We take turns informally reading our own work for reaction and comment. Participants have a chance to submit work on a regular basis. Enrollment in the Memoirs Group is limited to six. Previous participants are given preference. Please call 956-8224 for more information about joining this group.

◆ **Practical Computing: One-on-One Tutoring**

Instructor: Robert G. "Papa" Ahlstrom, Writer

Dates: Variable, depending on individual needs

Time: Call 220-8744 for appointment.

Location: Krauss 113; computer labs; or off-campus

Description: If you'd like to learn how to maneuver through email; conduct research on the internet; learn WORD or EXCEL, these **individual tutoring** sessions may be helpful. To arrange tutoring times on or off-campus, please call Mr. Ahlstrom directly at **220-8744**. NOTE: Modest hourly fees may be requested for any off-campus tutoring sessions.

◆ **Chi Kung Workshop**

Instructor: Dieter Runge, Instructor of Tai Chi

Dates: *(Tentatively scheduled September 22, 23)*

Location: Krauss 111 (Class limited to 35)

Description: Proponents of the Taoist way of Chi Kung say that it promotes health by integrating physical postures, breathing techniques, and focused intention. Practitioners of this ancient healing system say that it helps guide individuals toward a peak condition of health and well-being by "cooling down" the system; eliminating "trapped energy" in the body; and "detoxifying" the organs. These exercises are easy to learn and are performed sitting in a chair. Individuals need only be able to raise hands above the head. Most exercises introduced in the workshop will be learned in the first session with repetition in the follow-up workshop session. Materials will be provided to explain and describe the movements. **Space in this workshop is limited to 35 only.**

Special Events for OLLI Members

◆ **Dramatic Readings**

Facilitator for initial meeting: Dr. Terence Knapp, Emeritus Professor of Theatre, UHM; Churchill Fellow; Royal Academy of Dramatic Art Associate

Dates: Fridays, June 23 - July 7

Time: 1 p.m. - 4 p.m.

Location: Krauss 112

Description: Participating in a dramatic readings group can heighten enjoyment of plays and improve awareness of intonation, rhythm and gestures. In this class, the aim is not to produce trained dramatic actors, but to help participants better imagine, visualize, and understand the unfolding of dramatic scenes in plays. Dramatic readings of scripts can help participants develop a more specific picture of what the playwright's words mean. The skills developed help strengthen communication, collaboration and enhance appreciation of the the works .

This dramatic readings class will host informal readings of two well-known plays (and may branch out if time and preferences permit).

At the initial class session, the group will receive guidance from the internationally acclaimed actor, Dr. Terence Knapp, Emeritus Professor of Theatre, UHM. Recipient of numerous awards and honors, Dr. Knapp is a Churchill Fellow and Royal Academy of Dramatic Art Associate. His portrayal of Father Damien in the televised one-man play by Aldyth Morris received the Peabody Award in 1978. Over the course of his acting career, he has worked with such luminaries as Sir Laurence Olivier, Peter O'Toole, Dame Judi Dench, and Derek Jacobi, among others.

NOTE: The enrollment limit in this class is 15.

SUMMER 2006

OLLI MEMBERSHIP FORM

Name: _____

Address: _____

_____ City: _____

Zip: _____ Phone: _____

email address: _____

Emergency contact: _____

Phone: _____

1. Complete information above and select your membership category below:

I wish to be enrolled as a Session member: \$60 for Summer Term 2006.

I am a current Annual Member of OLLI.
(Note: Annual category expires September 2006).

2. Please make membership check payable to UH Foundation #123-079-04 (OLLI)

3. On pages 12 & 13, select up to three courses and any special events of interest. (Note: special events are open to OLLI members on a space-available basis.) Remove completed center section (pages 11 to 14).

4. Send membership check and course selections (pages 11 to 14) to:

Osher Lifelong Learning Institute
PMB #460
2440 Campus Road
Honolulu, HI 96822

OLLI MEMBERSHIP INFORMATION

Members may join courses, workshops, participate in special events, receive program news announcements, and join research and community projects. There are no membership requirements of prior educational experience to join the Osher Lifelong Learning Institute at UH Manoa. All courses at OLLI-UHM are non-graded and there are no exams.

- **SESSION MEMBERSHIP, \$60.** Entitles an individual to join and attend up to three courses and/or workshops during Summer Term 2006 and attend Summer Term's special events on a space-available basis. Summer Term 2006 runs June 6 to September 26, 2006.

Please note: Membership fees are non-refundable. If you have questions about membership, please call our office at 956-8224. Make your course and special event selections on pages 12 and 13, complete the membership application on page 14 and mail with your membership check to:

Osher Lifelong Learning Institute
PMB #460
2440 Campus Road
Honolulu, HI 96822

Please make membership checks payable to:
UH Foundation #123-079-04 (OLLI)

SUMMER 2006 COURSE SELECTION FORM

Mark below the **courses** and **special events** that you wish to join. Membership in OLLI entitles you to select three courses. **If seats are available**, you may join additional courses. Please indicate your priorities if you make more than three course selections. Special events (listed at right) include films, recitals, art exhibits and lecture presentations. **Special events are offered in addition to course selections on a space-available basis.**

COURSES

- Zen Painting** (Additional \$40 materials fee)
- Making Poems Happen: Writing Workshop**
- Astronomy: Hawaiian Skies, Part II**
- Nutrition Q & A with Dr. Dooley**
- Culinary Cinema: *Tour of Asia***
- Ways of Knowing**
- Marvelous Materials: HAA Tour***
- Contemporary Museum Tour & Lunch**
 Yes, I will participate in lunch No, tour only
- The Illuminated Life® Workshop**
- Writers' Circle I**
- Memoirs Group: Writers' Circle II**
- Computer Tutoring: One-on-One**
- Chi Kung Workshop**

SPECIAL EVENTS AND ACTIVITIES

- Dramatic Readings with Dr. Terence Knapp**
Fridays, June 23 - July 7; 1 pm; Krauss 112
- Trials & Tribulations: Judge Marie N. Milks***
Wednesday, June 14; 7 pm; Yuki-yoshi Room, Krauss 012
- Sustainable Hawaii: Energy Self-Sufficiency***
Wednesday, June 21; 7 pm; Yuki-yoshi Room, Krauss 012
- Humanists Hawaii Lecture Series***
Sundays, June 25, July 30, August 27; 10:30 -12:30 am; Krauss 112
- Tour of The John Young Museum of Art***
Sunday, July 30; 1 pm - 2 pm; Krauss Hall 005
- Improving Literacy Achievement**
Tuesday, June 20; 7 pm; Art Auditorium 132
- Lecture by Photojournalist Frederic Larson**
Wednesday, July 12; 7 pm; Yuki-yoshi Room, Krauss 012

**Travel Adventure sponsored by UH Alumni Association:
*Art, Wine and Cuisine in Dordogne & Provence***
Call 956-6410 for tour information or visit: www.UHalumni.hawaii.edu

<p>SUMMER 2006 / OLLI office use only:</p> <hr/> <hr/> <hr/>
