

## Free shuttles at your service

Parking at UHM can be tricky, especially when driving in to attend morning classes at OLLI. Here are **three options to avoid parking headaches:**

- **Free Park & Ride Shuttles for the Public:**

--JCC Express shuttle service begins at 7:15 am weekdays. This free shuttle runs on a continuous 20-minute cycle stopping at the Varsity Building on University Avenue (next to Varsity Theatre parking lot); Japanese Cultural Center (JCC) adjacent to their indoor parking garage; Pucks Alley; Varsity Gate; Lower Campus; **Law School (this stop is just across from our OLLI classrooms in Krauss Hall)**; St. John Hall (corner of Maile Way and East-West Road); Varney Circle; and returning to the Varsity Building via University Avenue. The last JCC Express shuttle leaves Varney Circle at 4 pm weekdays.

--Faculty Housing shuttle route leaves from Varney Circle and goes into Manoa Valley every 20 minutes with a marked stop at the Institute for Astronomy and Faculty Housing on Woodlawn Drive.

- **Handicapped Parking Permits:** If you possess a valid City & County Disability Placard, you may purchase a visitor parking entry for \$3 at any campus entry gate and park in any legal, marked parking stall on campus. **Display the visitor parking ticket on the dashboard and place the handicapped placard on the rearview mirror.**

- **Campus Express Shuttle:** Free shuttle service for the public offers a quick route across campus. Campus Express begins at the Law School on Dole Street and loops through campus on 15-minute intervals. It makes designated stops at Burns Hall; Jefferson Hall; St. John Hall; Varney Circle Fountain; Maile Way; Law School Parking Lot near Orvis Auditorium, then returns to the Law School. The last express leaves Varney Circle at 5 pm.

## WELCOME TO FALL SEMESTER 2007!

Discover new opportunities, satisfy your curiosity for knowledge and join our community of learners at the Osher Lifelong Learning Institute (OLLI). Fall Term 2007 starts September 21 and ends December 14.

Established at the University of Hawaii at Manoa in 1997 by a group of retired professors and community elders, this award-winning program is underwritten by a generous endowment from The Bernard Osher Foundation of San Francisco and supported by members' contributions and the UHM Colleges of Arts and Sciences. Inside these pages you'll find classes, workshops, and special events. Mark your calendar and join us this Fall!

### HOW TO ENROLL OR REACH OLLI

For more information about the Osher Lifelong Learning Institute courses, opportunities, and membership benefits, see the center section of this brochure, or call OLLI-UHM Director Rebecca Goodman at 956-8224. Visit our UHM offices and classrooms in Krauss Hall 113, or check the OLLI website at: <http://www.all.hawaii.edu/>

- MAILING ADDRESS •

**Osher Lifelong Learning Institute**  
**PMB #460**  
**2440 Campus Road**  
**Honolulu, HI 96822**

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FALL 2007

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## Campus Map, University of Hawaii-Manoa Osher Lifelong Learning Institute Krauss Hall 112-113



Visitor parking is available for \$3 Monday - Saturday in the Parking Structure on Dole Street across from OLLI's classrooms in Krauss Hall. **Enter the Parking Structure on Lower Campus Road (first right off Dole Street past the University Avenue and Dole Street intersection).** Three other visitor parking lots are located: 1. behind Kennedy Theatre on East-West Road; 2. behind Sinclair Library off University Avenue; and 3. adjacent to the Kamakakuokalani Building off Dole Street past the Hawaiian Studies Center. After 4 pm, visitors may park in any legal parking stall on campus (with exception of reserved and disabled stalls). Free campus shuttle service also serves the Dole Street area.

*UHM Campus map by Julsun D. Pacheco, Cartography Lab, UHM Geography Dept.*

The **vitality** of the Osher Lifelong Learning Institute depends on **you** -- your patronage, support and generosity. Now that you've joined OLLI, please help the program grow with an additional tax-deductible contribution. Your donation is greatly appreciated.

**Here's my contribution to continued OLLI program excellence:** \$25\_\_ \$50\_\_ \$100\_\_ \$250\_\_ Other: \$\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

\_\_\_\_ Check here if you do NOT want your name to appear in donor listings that the Colleges of Arts and Sciences may publish in appreciation of your support.

\_\_\_\_ I would like to discuss a gift or bequest with a development representative for OLLI.

**Make check payable to UH Foundation, #123-079-04**  
Contributions are tax deductible to the extent provided by law.

**Mail to:** Osher Lifelong Learning Institute-UHM  
PMB #460  
2440 Campus Road  
Honolulu, HI 96822



*Thanks for your support!*



## OLLI Course Descriptions

### ◆ *Virgil's Aeneid in Translation*

**Instructor:** David Johnson; BA, Yale; JD, Harvard

**Dates:** Tuesdays, Sept. 25, Oct. 2, 9, 16, 23, 30, Nov. 6

**Time:** 2 pm - 4 pm

**Location:** Krauss 112

**Text:** *Virgil's Aeneid*. (Robert Fagles translation)

**Readings:** **Class 1**, Book 1; **Class 2**, Books 2-3; **Class 3**, Books 4-5; **Class 4**, Book 6; **Class 5**, Books 7-8; **Class 6**, Books 9-11; **Class 7**, Book 12.

**Description:** Virgil (Publius Vergilius Maro – sometimes Vergil) wrote the *Aeneid* between 30 and 19 B.C.E. in Rome's Augustan age (rule of Octavian "Augustus" Caesar). Virgil's *Aeneid* is Rome's literary masterpiece. Virgil's life and writings (unlike Homer's or even Shakespeare's) are known with considerable certainty and detail. In Virgil's epic, Trojan hero Aeneas leads 20 Trojan ships escaping Troy's fall (circa. 1250 B.C.E.). After many wanderings and battles, the Trojans found a new settlement which will later become Rome. The *Aeneid* links the early desperate struggles of Aeneas to the much later power, peace and glory of Augustus Caesar's Rome. Those who have read Homer's epics will notice similarities, especially between the *Aeneid's* first half and the *Odyssey*, and between its second half and the *Iliad*. The point of view, however, is quite different. Homer's stories deal with two extreme individuals, focused almost exclusively on their own personal interests and goals. But Aeneas is attempting to carry out an unsought duty imposed by the gods - to found a new Trojan city which will become Rome. Tensions arise

*(Continued on page 19)*

◆ **1,000 Years of Music: An Appreciation**

**Instructor:** Jim Hesse, Musician and Actor

**Dates:** Thurs., Sept. 27, Oct. 4, 11, 18, 25, Nov. 1, 8, 15

**Time:** 2 pm - 4 pm

**Location:** Krauss 112 **Enrollment limit:** 12

**Description:** Here's a class for the music lover who wants to listen more knowledgeably to some of the best music ever composed. Learn how music has evolved since notation was invented more than 1,000 years ago. We will explore about a century of music for each class session. Timelines will be provided.

◆ **Origins**

**Facilitators:** Eloise Van Niel and Masae Gotanda

**Dates:** Alt. Fridays, Oct. 5, 19, Nov. 2, 16, 30, Dec. 14

**Time:** 9 am - 11 am

**Location:** Krauss 113-B **Enrollment limit:** 6

**Description:** Where are you from? How did you get here? We often hear these questions in Hawai'i. Explore your roots through family history and personal narrative to share with others who have their own stories to tell. Prepare two to four pages (double-spaced) for each meeting.

◆ **Practical Computing: One-on-One Tutoring**

**Instructor:** Robert G. Ahlstrom, Writer

**Dates:** Variable, depending on individual needs

**Time:** Call 220-8744 for appointment.

**Location:** Krauss 113; computer labs; or off-campus

**Description:** If you'd like to learn how to maneuver through email; conduct research on the internet; or learn WORD or EXCEL, these **individual tutoring** sessions may be helpful. To arrange tutoring times on or off-campus, please call **220-8744**. *NOTE: Modest hourly fees will be requested for any off-campus tutoring sessions.*

**OLLI MEMBER SURVEY**

The Osher Lifelong Learning Institute invites all members to participate in volunteer activities within the OLLI program. This survey will help us match your skills and interests with program ventures.

**1. What volunteer activities most interest you? (Check below any that may apply.)**

- a. Teaching \_\_\_\_
- b. Office / computer work \_\_\_\_
- c. Curriculum and program planning \_\_\_\_
- d. Membership / Enrollment \_\_\_\_
- e. Public relations / Promotions \_\_\_\_
- f. Special events \_\_\_\_
- g. Fundraising \_\_\_\_
- h. Other? \_\_\_\_\_

**2. Would you be interested in teaching others the skills or knowledge that you have?**

- a. Yes \_\_\_\_
- b. No \_\_\_\_

**3. If you answered YES to question 2, please indicate your skills and areas of expertise:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If you would like to contribute your abilities, skills and talents to the Osher Lifelong Learning Institute, please complete this form and return it to the OLLI office.

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**TELEPHONE:** \_\_\_\_\_

**E-MAIL:** \_\_\_\_\_

*Thank you!*

Please return to OLLI, Krauss 113-C, UH Manoa 96822



### **TravelLearn Tour: A Peru Adventure**

*(Continued from page 17)*

Continuing on through the Urubamba Valley, we'll visit Moray where Incas used greenhouse terraces to study and improve their farming techniques. At Maras we'll see a salt production center in use since Colonial times.

**Days 7 and 8** will be spent at Machu Picchu after a train ride from Ollanta Station, then a motor coach ascent to "The Lost City of the Incas" with a guided tour of the Citadel and a stroll through the site. An overnight at Machu Picchu Sanctuary Lodge will provide an opportunity for further exploration of the ruins or a hike up the Huayna Picchu before departing for Cuzco. **Day 9** tour highlights include Cuzco's Santo Domingo Convent Monastery - the legendary Koricancha 'Site of Gold' temple whose walls were plated with sheets of gold; the Plaza de Armas and Cathedral, then more exploration of remarkable Inca ruins in surrounding countryside.

**Day 10** Upon arrival in Lima, we'll visit the Amano Museum featuring collections from the Chancay culture and see the art gallery of Las Pallas. **Days 11 to 12** On to Ayacucho with its 33 colonial churches and workshops featuring fine handloomed textiles and retablos (colorful wooden boxes with 3-dimensional traditional Andean or religious scenes). We'll visit Barrio Santa Ana and meet artisan/weaver Alejandro Gallardo at his home/workshop/gallery and see the creations of Alphonso Sulca and his nephew Edwin Sulca, members of the most famous family of Peruvian weavers. Still in Ayacucho, we'll visit the archeological site of Wari, capital of a great pre-Inca empire which flourished from about 500 to 800 AD. A stopover in La Quinua will provide opportunities to shop for distinctive terra cotta ceramics directly from the artisans in their workshops. **Day 13** Fly from Ayacucho to Lima, settle into hotel and prepare for departure on **Day 14**. *Note: early tour reservations are essential. A deposit of \$500 per person is required at registration. For more information about the tour, attend the presentation lecture by tour escort Tom Sheeran (described on page 16) or go to: [www.travelearn.com/manoa](http://www.travelearn.com/manoa).*

### ◆ **Introduction to Murder: Reality of Homicide Investigation and Prosecution**

**Instructor:** Gary D. Admire, BA, University of Hawaii; JD, Univ. Washington; Peace Corps volunteer, Republic of Panama; senior prosecutor specializing in homicide cases; federal, state level judge; project director to restructure El Salvador criminal justice system after their civil wars.

**Dates:** Weds., Oct. 3, 10, 17, 24

**Time:** 10 am to Noon

**Location:** Krauss Hall 112 **Enrollment limit:** 24

**Description:** This class will introduce the elements of homicide including definitions and forensics, and explore the realities of homicide prosecution through investigative and prosecutorial techniques, case examples, prosecutorial discretion and trial techniques. Is a death sentence ever justified? Discussions will be encouraged. At the first session, students will be given the opportunity to review instructor provided materials commonly used by experts in the field. In the final session of the class, student participation and presentations by student volunteers will address selected topics.

### ◆ **It's a Crime: Film Series at OLLI**

**Facilitator:** Tom Sheeran, World Traveler

**Dates:** Fri., Sept. 21; Oct. 26; Nov. 16; Thurs. Dec. 13

**Time:** First three films (Fri.) at 11 am; Dec. 13, 4 pm.

**Location:** Krauss 112

**Enrollment limit:** 15

**Description:** In keeping with the homicide theme of the OLLI class, *Introduction to Murder*, we'll view some of the best films in the genre including *Psycho*, *Double Indemnity* and *Rear Window* for our brown bag lunches, then wrap up with *The Maltese Falcon* for our Thursday pre-dinner film in December.

### ◆ *Ways of Knowing*

**Instructor:** Alice Dash Scheuer, PhD, Clin. Psych

**Dates:** Weds. Oct. 31, Nov. 7, 14, 21, 28

**Time:** 1 pm - 3 pm

**Location:** Krauss Hall 113-C **Enrollment limit:** 12

**Description:** We are rapidly entering a new age in the history of Western thought, which the paradigm of the scientific method has dominated since approximately 1750. There is increasing questioning of this method as the best or even the only path to truth, and growing interest in other approaches from intuition to art. There also seems to be growing dissatisfaction with excessive applications of scientific technology in daily life, so that the quality of life--and perhaps life on earth itself--is endangered. In this course we shall review the scientific method, its history, applications, contributions and problems; we shall also examine alternate and often-denigrated ways of knowing, and consider their validity and possible value in our lives--and their compatibility with science and technology.

### ◆ *Elevating Spiritual Level Through Divine Light*

**Instructor:** Hiraoki Higaki, Dir., Sukyo Mahikari Ctr.

**Dates:** Tuesdays, Oct. 2, 9, 16, 23

**Time:** 10 am - Noon

**Location:** Krauss 113-C **Enrollment limit:** 12

**Description:** For those who are interested in spiritual growth and a desire to help others, this course is an introduction to Sukyo Mahikari, an international spiritual organization of more than 1 million members who practice the universal principles and art of Divine Light. Sukyo Mahikari's basic teaching is "The origin of the world is one. The origin of all mankind is one. The origin of all religions is one." Practitioners of Sukyo Mahikari represent all walks of life, cultures and religions. In these four class sessions participants will learn about the basic universal principles and be invited to explore Divine Light as a means to revitalize spirit, mind and body. Handouts and a lending library will be available.

### *Awakening Consciousness*

*(Continued from page 7)*

what's happening on Earth and across our galaxy by turning to new insights from quantum physics, astronomy, archeoastronomy, and ancient wisdom systems--as we learn more about mind and consciousness.

We'll pry out the messages carried by relevant myths and prophecies and we'll share with each other the experiences and transformative processes that support this opportunity for growth.

### *Virgil's Aeneid*

*(Continued from page 3)*

from his difficulty understanding the gods' instructions, and from the conflict between his duty and his personal desires and passions. The Aeneid gives us the most powerful and detailed descriptions of the Trojan Horse and the fall of Troy, the tragic story of Dido's love for Aeneas, and the geography of the afterlife, later adopted and enlarged by Dante in the *Inferno*. Dante named Virgil as his guide in both *Inferno* and *Purgatorio*.

The Aeneid has had an enormous influence on Western literature, especially because until the late Renaissance this Latin poem was the only classic epic read in Western Europe, the full texts of Homer's works being available only in the Eastern Roman Empire in Greek.

This course focuses on Virgil's story telling methods, and on the Aeneid as a creation myth for Augustan Rome.

◆ **Humanists Hawaii Lectures and Discussions**

**Dates:** Sundays, Sept. 30, Oct. 28, Nov. 25

**Time:** 10:30 am- 12:30 pm

**Location:** Krauss 112

**Description:** These monthly discussions explore the foundations of Secular Humanism and examine questions about ethics as they apply to Humanism. (For a definitive history of the Humanist movement, see *The Philosophy of Humanism* by Dr. Corliss Lamont.)

◆ **Distinguished Lecture Series at UH Manoa**

*Nature of the Universe: A Cosmological View*

**Lecturer:** P.J.E. Peebles, PhD, Princeton; pioneering theoretical cosmologist, author

**Date:** November (date to be announced by Oct. 1)

**Time:** 7 pm

**Location:** Campus Center Ballroom

**Description:** Canadian-American physicist, theoretical cosmologist and author Philip James Edwin Peebles was studying physical cosmology long before it was considered a serious, quantitative branch of physics. He predicted with Robert Dicke and others the cosmic microwave background radiation in the universe and made major contributions to big bang nucleosynthesis, dark matter and dark energy. In this lecture, Peebles will explore the nature of the Universe and the quest for the determination of major cosmological parameters.

◆ **Intersections Visiting Artist and Scholar Lecture**

**Fatu Feu'u, Pacific Island Artist**

**Date:** Tuesday, October 16

**Time:** 6:30 pm

**Location:** Art Auditorium 132

**Description:** The award-winning artist Fatu Feu'u is considered by many to be the elder statesman of Pacific Island art in New Zealand. In this lecture he will discuss his approach to art and life. *Sponsored by Dept. of Art & Art History, UH Manoa*

◆ **Awakening Consciousness**

**Facilitator:** Harriet Natsuyama, PhD, systems scientist

**Dates:** Mondays, October 8 and 15

**Time:** 2 pm - 4 pm

**Location:** Krauss 113-B      **Enrollment limit:** 12

**Description:** "We are living in an era in which transformation is fermenting across the planet on multiple fronts: personal, collective, spiritual, social, and scientific. An increasingly greater proportion of people are recognizing that habitual ways of thinking and doing must change or we risk catastrophic outcomes --Institute of Noetic Sciences 2007 Shift Report

Something is clearly afoot as the above quote indicates. And that "something" is a global awakening of consciousness. In this seminar-workshop we seek to understand

*(Continued on page 19)*

◆ **French Conversations and Film**

**Instructor:** Norma K. Koenig, MA, MPH, CVM Dir.

**Dates:** Weds. Oct. 17, 31, Nov. 14, 28, Dec. 12

**Time:** 6 pm - 8 pm

**Location:** 2500 Pali Hwy, First Unitarian Church

**Enrollment:** 12 only

**Description:** Join us for a French film and conversation class. We will alternate between viewing French films one week and discussing them (in French) the following week. Facilitator will provide guidance and encouragement during the conversation sessions.

◆ **Collecting Memories**

**Instructor:** Norma K. Koenig, MA, MPH, CVM Dir.

**Dates:** Weds. Oct. 3, 10, Sat. Oct. 13 (at Halekoa);

Wed. Oct. 24, Nov. 7, Dec. 5, 12 (at Unitarian Church)

**Time:** 6 pm - 8 pm      **Location:** 2500 Pali Hwy, Unitarian

Ch.; Directions to mtgs. at Halekoa will be sent to enrollees.

**Enrollment:** 12 only

**Description:** Do you long to capture personal or family history? Would you enjoy some inspiration or guidance to tap into your memories? Join us for informative, supportive sessions to weave together life's threads.

### ◆ Poetry Circle

**Facilitator:** Suzanne Delaney, RN.C

**Dates:** Alt. Fri., Sept. 28, Oct. 12, 26, Nov. 9, Dec. 7

**Time:** 1 pm - 3 pm

**Location:** Krauss Hall 113-B **Enrollment limit:** 10

**Description:** Join discussions with like-minded poetry lovers about poetry-writing techniques. Participate in poetry-writing exercises, share, critique and review each other's poems. Explore your creativity and imagination to bring your life experiences to the page. Bring your love of words, poetic instincts, and a pen.

### ◆ Writer's Circle

**Facilitator:** Yi-Chuan Ching, M.D.

**Dates:** Meets alternate Weds. beginning Sept. 26

**Time:** 9:30 am - 11:30 am

**Location:** Krauss 113-B seminar room

**Description:** Those with a yen to write are invited to participate in this circle of serious writers. We will take turns informally reading our own work for reaction and comment. Participants will have a chance to submit work on a regular basis. Enrollment in Writer's Circle is limited. Previous participants will be given preference. Please write to [yching@pol.net](mailto:yching@pol.net) for more information about joining this seminar.

### ◆ Alternative Medicine and Spiritual Healing

**Facilitator:** Kristin Pelzer, PhD

**Dates:** Alt. Fri., Oct. 5, 19, Nov. 2, 16, Nov. 30, Dec. 14

**Time:** 1:30 - 3:30 pm

**Location:** Krauss Hall 113-B **Enrollment limit:** 15

**Description:** Modern energy medicine is child of the marriage between ancient spiritually-based healing systems and modern quantum physics. Impressive, but practically, how does one choose among the bewildering array of alternative medicine practitioners, remedies and self-help books? One approach: trust your instincts, be pragmatic and try something new. In these discussions we will explore self-healing strategies and approaches.

### TravelLearn Tour: A Peru Adventure

*(Continued from page 16)*

Tour Itinerary, Sept. 9 - 22, 2008:

For a complete itinerary, see tour handouts at OLLI or go to: <http://www.travellearn.com/manoa/>

Following arrival in **Lima, Peru**, "The City of Kings," and an overnight in our hotel, **Day 2** will begin in the archaeological center of *Huaca Pucllana*, that operated between the 5th and 8th Centuries. We'll see the Plaza Mayor, Government Palace, City Hall, Cathedral and Archbishop's Palace as well as Casa Aliaga, the best preserved colonial mansion in the Americas (and occupied by the same family since 1535). After a visit to the San Francisco Monastery, we'll ride through the ocean-front districts of Miraflores and San Isidro, then lunch in one of Lima's best restaurants and spend the afternoon learning about Pre-Columbian history while visiting the Museum of Anthropology and Archaeology. On **Day 3** of the tour, we'll venture south on the Pan American Highway to Ica, Peru's wine capital, then take a 45-minute flight over the Nazca Lines. Made centuries ago, the reasons for the Lines' (also known as the Nazca Markings) creation remain a mystery. The regional museum offers a good collection of ceramics, mummies and textiles gathered from the Paracas, Nazca, Wari, Ica-Chincha and Inca civilizations. We'll board a yacht on **Day 4** of the tour to see the Ballestas Islands' populations of boobies, pelicans, sea lions and Humboldt penguins. Another set of mysterious lines, the Candelabro Marking Lines, can be seen along the way. **Day 5** will highlight the Sacred Valley and Ollantaytambo, the Inca fortress. After touring the valley, we'll have an opportunity to bargain with vendors at a typical market in Pisac. **Day 6** will provide opportunities to wander around the village of Chinchero and its colorful Indian market and handicrafts.

*(Continued on page 20)*

◆ **A Peru Adventure: Film & Slide Presentation**

**Instructor:** Tom Sheeran, World Traveler

**Date:** Wednesday, September 26

**Time:** 10 am - 11:30 am     **Location:** Krauss 112

**Description:** Enjoy a visit to Machu Picchu, the “Lost City of the Incas,” and travel the streets of ancient Cuzco, lined by massive stone walls. See the mysterious Nazca lines, and meet the weavers of Ayacucho, a charming but rarely-visited city high in the Peruvian Andes. All these and more will be offered in a one-hour film and slide presentation that will introduce you to the most spectacular and interesting places that you might see on a visit to Peru. Learn about the culture of the descendants of the Incas and their superb artisanship in textiles, ceramics and other typical handicrafts.

Tom Sheeran, who will lead ‘A Peru Adventure’ tour (see details below) in September 2008, will introduce this fascinating region for all who would like to know more about Peru, and also provide specific information about the 2008 tour.

◆ **TravelLearn Tour: A Peru Adventure 2008**

**Date:** September 9 - 21, 2008

**Tour Escort:** Tom Sheeran, World Traveler

**Tour limit:** 20 persons     **Cost** (does *not* include international airfare, land only): \$3,395 per person double occupancy, \$895 single-room supplement.

**Description:** This 14-day educational tour arranged through OLLI-UHM in conjunction with *TravelLearn* will explore the natural and cultural treasures of Peru. Tour highlights will include exploration of wildlife ecosystems, picturesque Andean villages and marketplaces, a flight over the enigmatic Nazca Lines, and a visit to the magnificent archaeological masterpiece of Machu Picchu.     *(Continued on page 17)*

◆ **The Personal Journal Circle**

**Instructor:** Abe Arkoff, PhD, Emer. Prof. Psychology

**Dates:** Mondays, Oct. 22, 29, Nov. 5, (skip Veteran’s Day holiday), 19, 26, Dec. 3

**Time:** 1 pm - 3 pm

**Location:** Krauss 113-B

**Class enrollment limit:** 9 (**NOTE:** for further information and permission to enroll in this class, please-call Abe Arkoff at 956-6728, afternoons)

**Description:** As many of us have discovered, the personal journal is a rewarding place to meet yourself and enhance your life. As journal keepers have always known, current research indicates that writing about our most affecting experiences --whether shared or not--can be of considerable benefit. I have found that sharing my journal and life and listening to others as they share theirs greatly increases the benefit.

Our circle is designed not for beginners, but rather for persons with some experience in journaling who enjoy sharing their journaling and their lives. (Some in our circle may be willing to start offshoot circles for those wishing to learn the craft.)

As participants in this circle, we will all pledge to be a caring presence for each other, to work in our journals at least five days of each week that we meet, and to treat all that is shared with us as confidential. From the persons who call me for information and permission, I will try to arrange a compatible membership. I will suggest the agenda, at least in our beginning meetings, and start the sharing with material from my experience in journaling and my life. All of us, as co-facilitators, will have our time at the rudder.

*(For further information on this class, please call Dr. Arkoff at 956-6728.)*

### **Tom Sheeran to lead Fall 2008 tour of Peru**

*In preparation for our special TravelLearn tour of Peru, September 9 - 21, 2008, tour leader Tom Sheeran will offer preview classes as well as briefer presentations related to the tour itinerary to familiarize participants with the culture and the sites on the tour. Tom's introductory course is described below, and a film and slide lecture, **A Peru Adventure**, is described on page 16. Tour information is described on pages 16, 17 and 20.*



#### ◆ **Peru Before the Incas**

**Instructor:** Tom Sheeran, World Traveler

**Date:** Wednesdays, Nov. 7, 14, 21

**Time:** 10 am - 11:30 am    **Enrollment limit:** 20

**Location:** Krauss 112

**Description:** The Inca Empire that ruled the Andean region at the time of first contact with Europeans in the 1530s was only the last in a long sequence of remarkable indigenous South American civilizations with impressive cultural achievements. Much is known about the Incas, thanks to the chronicles of the Spanish Conquistadors, but those earlier cultures are not so well known. This survey will examine the rise and development of early Andean civilizations and introduce the participants to fascinating groups such as Caral, Chavin, Moche, Nazca, Wari-Tiwanaku, and Chimu.

Special attention will be given to the architecture, arts and crafts of these ancient peoples which are outstanding achievements in human cultural history. From earliest times, textiles and ceramics have been valued both for their symbolic and ritual importance, as well as for their everyday usefulness. We also will learn about the richness of contemporary Andean artistic forms and how modern craftsmen continue the traditions of artisanship and maintain high standards in producing goods that are recognized around the world for their quality and expressiveness.

## **Spread Aloha with Give Aloha**

The Osher Lifelong Learning Institute (OLLI) is proud to participate in GIVE ALOHA, Foodland Supermarket's annual community matching gifts program. Make a donation to OLLI at any Foodland or Sack N Save check-out during the month of **September**, and Foodland and the Western Union Foundation will make a donation to OLLI, too!

### **Our Organization Code is 77147**

Here's how you can help OLLI raise funds:

- 1) Make a donation to OLLI with your Maika'i Card (up to \$249 per person) at any Foodland or Sack N Save check-out from September 1 -30, 2007.**
- 2) Foodland and the Western Union Foundation will **match all donations up to a total of \$500,000** for all organizations combined.**

**Thank You For Your Support of OLLI!**

## FALL 2007

### OLLI MEMBERSHIP FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

email address: \_\_\_\_\_

Emergency contact: \_\_\_\_\_

Phone: \_\_\_\_\_

1. Complete information above and select your member category below:

I wish to be enrolled as a **SESSION** member;  
I enclose \$60 for FALL Term 2007.

I wish to be enrolled as an **ANNUAL** member:  
I enclose \$150 for Fall 2007, Spring, Summer 2008.

I am currently an **ANNUAL** OLLI member in  
good standing. Membership expiration: \_\_\_\_\_

2. Please make membership check payable to:  
**University of Hawaii Foundation #123-0790-4**

3. On pages 12 & 13, select up to three courses and any special events of interest. (Note: special events are open on a space-available basis.)  
Remove completed center section (pp. 11-14 ).

4. Return membership check & course selections to:  
Osher Lifelong Learning Institute  
PMB #460  
2440 Campus Road  
Honolulu, HI 96822

## OLLI MEMBERSHIP INFORMATION

Members may join courses, participate in special events, receive program newsletters, and join research and community projects. There are no membership requirements of prior educational experience. All courses are non-graded and there are no exams.

• **SESSION MEMBER, \$60.** Entitles an individual to join and attend up to three courses during Fall Term 2007 and attend Fall Term's special events (including community lectures, tours, etc.) on a space-available basis. Fall Term 2007 runs from September 21 through December 14.

• **ANNUAL MEMBER, \$150.** Entitles an individual to join and attend up to three courses during each of three consecutive terms, Fall Term 2007, Spring and Summer Terms 2008 and attend special events during each term on a space-available basis.

**Please note: Membership fees are non-refundable.** If you have questions about membership, please call our office at 956-8224. Make your course and special event selections on pages 12 and 13, complete the membership application on page 14, remove this center section (pp. 11-14) and mail with your \*membership check to:

**Osher Lifelong Learning Institute  
PMB #460  
2440 Campus Road  
Honolulu, HI 96822**

\*Make membership checks payable to:  
UH Foundation #123-0790-4. --Many thanks!

## FALL 2007 COURSE SELECTION FORM

Membership in OLLI for Fall Session entitles you to select up to three courses or workshops from the list below. **If seats are available**, you may join additional courses. Please indicate your priorities if you make more than three course selections. Special events (listed at right) include tours and films as well as lecture presentations. These special events are offered to OLLI members *in addition to* course selections on a space-available basis. Some events have additional fees denoted by asterisks\*\*.

### COURSES

- \_\_\_ Virgil's *Aeneid*
- \_\_\_ 1,000 Years of Music: An Appreciation
- \_\_\_ Origins
- \_\_\_ Computer Tutoring
- \_\_\_ Introduction to Murder
- \_\_\_ *It's a Crime: Film Series*
- \_\_\_ *Ways of Knowing*
- \_\_\_ Divine Light
- \_\_\_ Awakening Consciousness
- \_\_\_ French Conversation and Films
- \_\_\_ Collecting Memories
- \_\_\_ Poetry Circle
- \_\_\_ Writer's Circle
- \_\_\_ Alternative Medicine & Spiritual Healing
- \_\_\_ Personal Journal Circle
- \_\_\_ Peru Before the Incas

## SPECIAL EVENTS FOR OLLI MEMBERS

\_\_\_ **A Peru Adventure: A Film & Slide Presentation**  
Weds., September 26; 10 am - 11:30 am; Krauss 112

\*\* **TravelLearn: A Peru Adventure 2008 with OLLI-UHM's Tour Escort Tom Sheeran**  
September 9 - 22, 2008; Tour details, see pages 16, 17, 20

\_\_\_ **Humanists Hawaii Lecture Series**  
Sun, Sept. 30, Oct. 29, Nov. 26; 10:30 am -12:30; Krauss 112

\_\_\_ **The Nature of the Universe: A Cosmological View**  
*Distinguished Lecture Series at UHM*  
*P.J.E. Peebles, pioneering cosmologist, November (to be announced)*  
*Campus Center Ballroom, 7 pm*

\_\_\_ **Intersections Visiting Artist Lecture: Fatu Feu'u**  
October 16; 6:30 pm - 9 pm; Art Auditorium 132

\*\*\*\*\*

**Kennedy Theatre Mainstage: *Man of La Mancha***  
Nov. 9, 10, 14, 15, 16, 17 at 8 pm; Nov. 18 at 2 pm;  
Tickets: Seniors, \$14. Call Kennedy Theatre Box Office at  
**956-7655 to order tickets.** *Support the Arts at UHM!*

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Fall 2007/ OLLI office use only:

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