



SPRING TERM 2009
Courses & Special Events

University of Hawai'i at Mānoa
Colleges of Arts & Sciences

Osher Lifelong Learning Institute
Colleges of Arts & Sciences
Office: Krauss Hall 113, UH Mānoa
Mailing: PMB #460
2440 Campus Road
Honolulu, Hawaii 96822

Free shuttles at your service

Parking at UHM can be tricky, especially when driving in to attend morning classes at OLLI. Three options to avoid parking headaches:

- **Free Park & Ride Shuttles for the Public:**

--JCC Express shuttle service begins at 7:15 am weekdays. This free shuttle runs on a continuous 20-minute cycle stopping at the Varsity Building on University Avenue (next to Varsity Theatre parking lot); Japanese Cultural Center (JCC) adjacent to their indoor parking garage; Pucks Alley; Varsity Gate; Lower Campus; **Law School (this stop is just across from our OLLI classrooms in Krauss Hall)**; St. John Hall (corner of Maile Way and East-West Road); Varney Circle; and returning to the Varsity Building via University Avenue. The last JCC Express shuttle leaves Varney Circle at 4 pm weekdays.

--Faculty Housing shuttle route leaves from Varney Circle and goes into Manoa Valley every 20 minutes with a marked stop at the Institute for Astronomy and Faculty Housing on Woodlawn Drive.

- **Handicapped Parking Permits:** If you possess a valid City & County Disability Placard, you may purchase a visitor parking entry for \$3 at any campus entry gate and park in any legal, marked parking stall on campus. **Both the visitor parking ticket and the placard must be displayed on dashboard.**

- **Campus Express Shuttle:** Free shuttle service for the public offers a quick route across campus. Campus Express begins at the Law School on Dole Street and loops through campus on 15-minute intervals. It makes designated stops at Burns Hall; Jefferson Hall; St. John Hall; Varney Circle Fountain; Maile Way; Law School Parking Lot near Orvis Auditorium, then returns to the Law School. The last express leaves Varney Circle at 5 pm.

EXPERIENCE AND SAVOR LEARNING

Embrace life and join our community of learners at the Osher Lifelong Learning Institute (OLLI) at the University of Hawaii at Manoa. Our Spring Term 2009 starts Monday, February 2 and ends Thursday, May 28, 2009.

Established at the UH Manoa in 1997 by a group of retired professors and community elders, this award-winning program is supported by an endowment from The Bernard Osher Foundation and underwritten by members' contributions and support from the UHM Colleges of Arts and Sciences. Inside these pages you'll find classes, workshops, and special events.

Mark your calendar and join us this Spring!

HOW TO ENROLL OR REACH OLLI

For more information about the Osher Lifelong Learning Institute courses, opportunities, and membership benefits, see the center section of this brochure, or call OLLI Director Rebecca Goodman at 956-8224.

Visit our UHM offices and classrooms in Krauss Hall 113, or check the OLLI website: <http://www.all.hawaii.edu/>

- MAILING ADDRESS •

**Osher Lifelong Learning Institute
PMB #460
2440 Campus Road
Honolulu, HI 96822**

INDEX TO OLLI COURSES

SPRING 2009

Courses and Workshops

Shakespeare	3
Elizabethan Drama	3
<i>Dreams: Healing and Physical Health</i>	4
Classical Composer's Corner	5
<i>The Working Aquarium: Aquarium Tour</i>	5
<i>Muraqaa: Imperial Mughal Art at HAA</i>	6
Visual Poetry.....	7
Collecting Memories.....	7
<i>How To Get Anthing You Really Want</i>	8
Origins.....	8
Writer's Circle	8
Quantum Reality: Lecture and Workshop.....	9
Culinary Cinema Series: Films of Ang Lee.....	10
Computer Tutoring: One-on-One	10

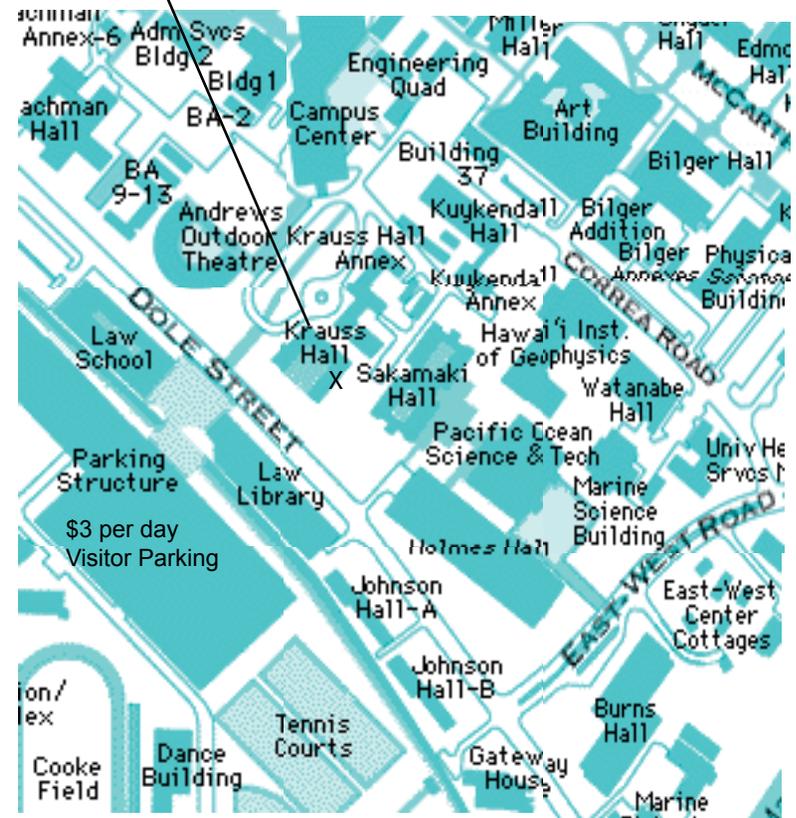
Special Events

Bhutan: Land of the Peaceful Dragon.....	15
<i>Living and Giving</i>	15
The Oahu Piano Quartet Recital.....	16
OLLI Book Club and Discussions.....	17
<i>Humanists Hawaii Lectures and Discussions</i>	18
<i>Much Ado About Nothing: From The London Stage</i> ...	18
10th International Shoebox Sculpture Exhibit.....	19
<i>Earth Meets Spirit: Zen and Photography</i>	19
Patrick Nagatani Art Lecture.....	20
Judy Fox Art Lecture.....	20

Course Participation Forms.....11 -14

OLLI donation form; UH Map	22 - 23
Parking and Campus Shuttle Information	24

Campus Map, University of Hawaii -Manoa Osher Lifelong Learning Institute Krauss Hall 112-113



Visitor parking is available for \$3 Monday - Saturday in the Parking Structure on Dole Street across from OLLI's classrooms in Krauss Hall. **Enter the Parking Structure on Lower Campus Road (first right off Dole Street past the University Avenue and Dole Street intersection).** Three other visitor parking lots are located: 1. behind Kennedy Theatre on East-West Road; 2. behind Sinclair Library off University Avenue; and 3. adjacent to the Kamakakuokalani Building off Dole Street past the Hawaiian Studies Center. After 4 pm, visitors may park in any legal parking stall on campus (with exception of reserved and disabled stalls). Free campus shuttle service also serves the Dole Street area.

UHM Campus map by Julsun D. Pacheco, Cartography Lab, UHM Geography Dept.

The **vitality** of the Osher Lifelong Learning Institute depends on **you** -- your patronage, support and generosity. Now that you've joined OLLI, please help the program grow with an additional tax-deductible contribution. Your donation is greatly appreciated.

Here's my contribution to continued OLLI program excellence: \$25__ \$50__ \$100__ \$250__ Other: \$__

NAME: _____

ADDRESS: _____

ZIP: _____

TELEPHONE: _____

____ Check here if you do NOT want your name to appear in donor listings that the Colleges of Arts and Sciences may publish in appreciation of your support.

____ I would like to discuss a gift or bequest with a development representative for OLLI.

Make check payable to UH Foundation, #123-0790-4
Contributions are tax deductible to the extent provided by law.

Mail to: Osher Lifelong Learning Institute-UHM
PMB #460
2440 Campus Road
Honolulu, HI 96822



Thanks for your support!



OLLI Course Descriptions

◆ Shakespeare

Instructor: David Johnson, BA, Yale; JD, Harvard

Dates: Tuesdays, April 7, 14, 21, 28, May 5, 12, 19

Time: 2 pm - 4 pm

Location: Krauss Hall 112

Description: In these seven sessions, we'll enjoy Shakespeare, the world's finest playwright. Classes this term will offer an overview of Shakespeare's world and explore the following plays and poems:

The Winter's Tale; Merry Wives of Windsor; Venus and Adonis; Lucrece; Julius Caesar; Antony and Cleopatra.

Conclusions and our customary celebration will cap the term on the final day of class.

◆ Elizabethan Drama

Instructor: Jim Hesse, Actor, Musician

Date: Tuesdays, April 14, 21, 28, May 5, 12, 19

Time: 10 am to Noon

Location: Krauss 113-B **Enrollment limit:** 10

Description: Five plays will be read over six sessions following a chronological timetable. We'll explore speech styles of the era and read monologues and poetry in addition to the five plays. At the first session we'll examine the life and times of 16th Century drama including the restrictions placed on players, the public's attraction to the theatre, and the plays' influence on people's lives. Other playwrights not included in the course will be briefly reviewed.

Plays and playwrights to be studied include: *The Jew of Malta* by Christopher Marlowe (c. 1589); *Everyman in His Humour* by Ben Jonson (1598); *The Shoemaker's Holiday* by Thomas Dekker (1599); *A Chaste Maid in Cheapside* by Thomas Middleton (1611); *The Duchess of Malfi* by John Webster (1614).



◆ The Relationship of Dreams to Healing and Physical Health

Instructor: Fran Kramer, MA, UHM Religion and Philosophy; Instr. Chaminade, WCC

Dates: Weds. Feb. 18, Mar. 4, 18, Apr. 1, 15, (no class April 29), May 6, 13

Time: 10 am - 11:30 am

Location: Krauss 112 **Enrollment limit:** 25

Description: Dreams have long been used as a mode of therapy to promote spiritual and psychological health. But what can dreams tell us about physical health? Can we learn something from the ancient Greek Asclepius healers by using dreams as a source of wisdom to heal ourselves and others? Can dreams inform us about the state of our own health?

In this course, participants will learn various dreamwork methods, including those of Asclepius, to access their own dreams for information about personal health status and health issues. The class also will explore the possibility of helping heal others with their dreams. The aims of the course are to better understand the connections between dreams and health; and to learn methods of accessing one's own inner dream wisdom to heal and maintain health. Handouts and suggested reading lists will be provided.

If not already doing so, prospective participants should begin to nightly record their dreams in a notebook as soon as the decision is made to take the course. Registration in the class is open to all, however, participants should be willing to do some of the suggested dream work methods and be willing to discuss their pertinent dream experiences and health issues in a respectful, confidential and supportive environment.

(Continued from page 9)

Quantum Reality

What is the true nature of reality? Humans have been pondering this question and their views have undergone many changes, from the world of nature, through spirituality, and through scientific endeavor. In our time we are facing paradigm shifts due to the rapid advances being made in quantum physics, cosmology, the life sciences, and consciousness studies. In this series of Changing Perspectives courses, we have been addressing how we regard the world and how this view affects our behavior and our understanding of what we truly are.

In this six-session seminar course we will study the foundations of quantum mechanics in a serious (though lighthearted) fashion through text, figures, and illustrative equations. Topics include: The Quantum; Nonduality; Entanglement; Consciousness, Mind, and Life.

The required textbook will be *Quantum Enigma: Physics Encounters Consciousness* by Rosenblum and Kuttner. This textbook is used in an undergraduate course for nonphysics majors at U.C. Santa Cruz. It will be supplemented by materials prepared by the instructor.

Enrollment in this course is limited to 10 students. A prerequisite is prior enrollment in one or more of Dr. Natsuyama's classes or consent of instructor. The aim of the course is to develop the scientific foundation for a more rigorous approach to the big questions of life and purpose in life. Early registration is appreciated. **This course has an additional materials fee of \$16 (payable to instructor) to cover the cost of the textbook, shipping and additional handouts.**

◆ **Patrick Nagatani:** *Photography, Sculpture, Painting*

Date: Wednesday, March 11

Time: 6 pm - 7:30 pm

Location: UHM Art Department Auditorium

Description: Artist Patrick Nagatani has received honors for his thought-provoking photographs that deal with various facets of the human condition. Always working in a series, he creates tableaux that are a blend of photography, sculpture and painting, influenced by his time working as a film set designer in Los Angeles. Nagatani's work has been exhibited internationally since 1976, including at the Art Institute of Boston; Museum of Photographic Arts, San Diego; and the Royal Photographic society, Bath, England.

His work is currently in collections across the U.S. and Europe. Nagatani is the recipient of the Polaroid Fellowship Award and the NEA Visual Arts Fellowship. *The lectures described on this page are sponsored by the Department of Art and Art History at UH Manoa.*

◆ **Lecture by Judy Fox:** *Ceramic Sculpture*

Date: Wednesday, April 15

Time: 6 pm - 7:30 pm

Location: UHM Art Department Auditorium

Description: Artist Judy Fox is a ceramic sculptor working in New York. Ms. Fox studied sculpture at Yale and Skowhegan and received an MA in Art History from the Institute of Fine Arts at NYU. She is a fellow of Yaddo and the MacDowell Colony, and is a 2006 fellow of the John Simon Guggenheim Memorial Foundation. Her provocative and often amusing work is in the collections of the Museum Moderner Kunst, Vienna; the Penny McCall Foundation, NYC; California Center for Arts, Escondido; and Honolulu's Contemporary Art Museum.

◆ **Composers' Corner**

Instructor: Jim Hesse, Musician, Actor

Dates: Thursdays, Feb. 12, 19, 26, Mar. 5, 12, 19

Time: 2 pm - 4 pm

Location: Krauss 112 **Enrollment limit:** 24

Description: This term's music course will concentrate on the lives, times and compositions of several famous composers from specific eras including:

- Giovanni Palestrina (Renaissance);
- George Frederic Handel (Baroque);
- J. C. Bach (Early Classical);
- Franz Schubert (Classical);
- Giacomo Puccini (Romantic); and
- George Gershwin (Modern).

This is a class for music lovers who want to listen more knowledgeably to some of the finest music ever composed.

Handouts will be provided. Class is limited to 24 participants only.

◆ **The Working Aquarium:** *Waikiki Aquarium Tour*

Date: Friday, March 6

Time: 1:30 pm -2:30 pm **Tour limit:** 24 only

Location: Waikiki Aquarium, 2777 Kalakaua Ave.

Meet inside front entrance prior to 1:30 pm.

Please be prompt. Tour begins at 1:30 pm.

Description: Founded in 1904, the Waikiki Aquarium is the third oldest public aquarium in the U.S. Located next to a living reef on the Waikiki shoreline, the aquarium's exhibits feature more than 2,500 organisms representing more than 420 species of aquatic animals. In this tour, participants will see highlights of the exhibits and learn about the behind-the-scenes programs and research focus of the Aquarium. Participants also will learn about volunteer opportunities at the facility.

◆ *The Muraqqa: Imperial Mughal Albums from the Chester Beatty Library: An Art Tour at HAA*

Docent: Dr. Mary Flynn, Honolulu Acad. of Arts

Date: Friday, February 27

Time: 10:30 am - 11:30 am **Tour limit:** 15 only

Location: Meet at entrance to Honolulu Academy of Arts, 900 So. Beretania St.

Description: Muraqqa is the Persian term for a patched garment traditionally worn by Sufi mystics and it is also the word for a gilded and lavishly calligraphed album. This exhibition of more than 100 album paintings, calligraphies, and manuscripts from the Chester Beatty Library in Dublin includes parts of imperial albums made for the Indian Mughal Emperors Jahangir (ca. 1605) and Shah Jahan (r. 1628-57), who built the Taj Mahal. Small, refined, and jewel-toned, the albums are a patchwork of imagery: portraits of emperors and courtiers, Eastern mystics and Western religious figures; examples of plant and animal life. Through these rare works the exhibition will explore the function and place of album-making within the world of the Mughals who ruled Indian for the better part of three centuries.

As patrons, the Muslim emperors encouraged artists to closely observe flora, fauna and human models.

These mainly Hindu painters not only drew upon their own capacities to produce likenesses from nature, but also upon Persian and Hindu painting traditions and conventions, and the European prints that circulated at the Mughal court. It was the extraordinary, experimental synthesis of these diverse sources that gives Mughal painting a particular and compelling beauty. The Honolulu Academy of Arts is one of only five major museums in the United States to sponsor this exhibit.

Tour is limited to 15 only.

◆ **10th International Shoebox Sculpture Exhibit**

Dates: March 1 to April 9, 2009

Gallery hours of operation: Monday through Friday, 10 am to 4 pm; closed Saturdays; Sunday, Noon to 4 pm. Admission is free

Location: UHM Art Gallery, UH Art Department

Description: OLLI members are invited to view 150 small sculptures from around the world to see how artists have creatively handled the challenge of space and scale dictated by the size of a shoebox. An invitation-only exhibition, this competition attracts a large number of international artists. Each sculpture speaks for itself. Some works are conceptual, some reflect the artist's cultural heritage, others are universal in expression. Collectively, the sculptures are a powerful commentary on the state of humankind. Artists have used nearly every imaginable medium to create their sculptures including cast metal, carved wood, blown glass, woven fiber, handmade paper, molded clay, desiccated vegetable matter, found objects, shaped lead, and human hair. Visitors often find more than one "favorite" work, and some have been inspired to make their own shoebox sculptures.

This exhibition is sponsored by the University of Hawaii Department of Art and supported by a grant from the State Foundation on Culture and the Arts.

◆ *Earth Meets Spirit: Zen and Photography*

Date: Thursday, February 26

Time: 7 pm - 8 pm

Location: Yuki Yoshi Room, Krauss 012

Description: Photographer Doug Beasley's personal vision explores the spiritual aspects of people and place. Concerned with the recognition and expression of the sacred in everyday life, his photographs are meant as a departure point for the viewer's own visual or spiritual journey. In this lecture Beasley will present works from his road panoramas and other collections.

◆ **Humanists Hawaii Lectures and Discussions**

Dates: Sun., Feb. 22, Mar. 29, April 26, May 31

Time: 10:30 am- 12:30 pm

Location: Krauss 112

Description: These monthly discussions explore the foundations of Humanism and examine questions about ethics and morals as they apply to Humanism. Defined as a “progressive philosophy of life,” Humanism aspires to the greater good of humanity. According to the American Humanist Association, Humanism affirms that “knowledge of the world is derived by observation, experimentation, and rational analysis.” Humanists also affirm that “life’s fulfillment emerges from individual participation in the service of humane ideals” and that “working to benefit society maximizes individual happiness.” Monthly meetings are open to all thoughtful people. For more information about Humanism, see: <http://www.americanhumanist.org/>

◆ **Much Ado About Nothing: A Production by Actors From The London Stage**

Dates: Saturday, March 14

Time: 7:30 pm

Location: Paliku Theatre, Windward Comm. College

Tickets: \$10 to \$20 in advance; \$12 to \$25 at the door; tickets may be purchased online at www.etickethawaii.com or any UH ticket outlet, or by calling 483-7123.

Description: With a 32-year history of bringing performances and educational residencies to universities and their communities around the world, *Actors From The London Stage* is a unique project of Notre Dame University. The five actors in this production represent the acting companies of the Royal Shakespeare Company, the Royal National Theatre of Great Britain, and Shakespeare’s Globe Theatre.

◆ **Visual Poetry**

Facilitator: Suzanne Delaney, RN.C.

Dates: Fri., Feb. 20, Mar. 6, 20, Apr. 3, 17, May 1, 15

Time: 1 pm - 3 pm

Location: Krauss 113-B **Enrollment limit:** 10

Description: What do medieval manuscripts, shape poems, paintings about poems or collages featuring words, and graffiti art have in common? They all are examples of the rich tradition of visual poetry. This group will embrace the combination of art and poetry. Artwork may include poetry, text or written word as well as illustrated poetry or a painting that invokes the image of a written poem. Explore your creativity and imagination to bring your life experiences to the page in word and image. Participants will enjoy poetry-writing exercises, and share, critique and review each other’s poems and images.

◆ **Collecting Memories Writing Workshop**

Facilitator: Norma Koenig, MA, MPH, CVM

Dates: *Tentatively:* Mar. 3, 17, April 7, 21, May 5, 19

Time: 5:30 pm - 7:30 pm

Location: Makiki Community Library

Enrollment limit: 10

Description: Do you long to transmit your story to loved ones, make peace with the past, or polish your writing skills? **Collecting Memories** offers writers a peer-support group to: provide a venue for memories to surface; offer social context for writing inspiration; stimulate the creation of meaningful drafts; encourage individuals to write their own memoirs; develop listening skills; and offer an opportunity to conduct a life review using techniques from Dr. Abe Arkoff’s *The Illuminated Life* workshop. Contact normakk@juno.com for more information

◆ *How To Get Anything You Really Want*

Instructor: Christian Peterson, BA, USC; Phil. Oxford

Dates: Tuesdays, Feb. 3, 10, 17

Time: 10 am- Noon

Location: Krauss 113-B

Description: In this three-session workshop, we'll focus on what's important to participants and outline concrete steps for achieving it. This course will draw on the instructor's books; handouts will be provided. Instructor Christian Peterson reports that she has used this system for more than 50 years and achieved good results. **Students are asked to bring a quantity of post-it notes to first class session.**

◆ **Origins**

Facilitators: Eloise Van Niel and Masae Gotanda

Dates: Alt. Fridays starting Feb. 13

Time: 1 pm - 3 pm

Location: Krauss 113-B **Enrollment limit:** 6

Description: Tell a story from your past and share your memoir with others. Write something from your family history or personal experience and bring 2-4 pages (double-spaced) for discussion.

◆ **Writer's Circle**

Writer's Circle Facilitator: Yi-Chuan Ching, M.D.

Dates: Writer's group meets alternate Wednesdays

Time: 9:30 am - 11:30 am

Location: Krauss 113-B **Enrollment limit:** 6

Description: Those with a yen to write are invited to participate in these circles of serious writers. We will take turns informally reading our own work for reaction and comment. Participants will have a chance to submit work on a regular basis. Enrollment is limited to six. Previous participants will be given preference.

◆ **OLLI Book Club & Reading Group Discussions**

Dates: Thurs., February 12, Mar. 12, Apr. 9, May 7

Time: 9:30 am - 11 am

Location: Krauss 113-B

Description: Looking for some thought-provoking conversations about books? Joining the OLLI Book Club is a good way to challenge yourself and find common ground. In these monthly leaderless discussions, everyone has an opportunity to contribute and voice opinions. The Spring Term Book Club will begin February 12 with a discussion of author Barbara Kingsolver's delightful nonfiction book, *Animal, Vegetable, Miracle: A Year of Food Life* (HarperCollins, 2007). Part memoir, part journalistic investigation, the book tells the story of how Kingsolver's family was changed by one year of deliberately eating food produced in the place where they live. Please come prepared to discuss the book at the first session. Subsequent books to be discussed during the term will be chosen by the group's participants.

Literature is my Utopia. Here I am not disenfranchised. No barrier of the senses shuts me out from the sweet, gracious discourses of my book friends. They talk to me without embarrassment or awkwardness.

--Helen Keller

◆ *An Invitation to the Dance : The Oahu Piano Quartet Recital at Orvis Auditorium*

Dates: Saturday, May 9, 2009

Time: 3 pm - 4 pm

Location: Orvis Auditorium, Music Department,

Description: The Oahu Piano Quartet invites you to celebrate the dance with them in their performance on Saturday, May 9 at 3:00 pm in the Mae Z. Orvis Auditorium in the UHM Music Department.

The program features *Aufforderung zum Tanz* by Carl Maria von Weber which the *Harvard Dictionary of Music* describes as “the first example of a true waltz in art music”. Weber composed *Invitation to the Dance* in 1819 for solo piano. The Oahu Piano Quartet performs the work in an arrangement for two pianos, eight hands, by Gabriel Marie.

Weber’s waltz sets the theme of this recital by the OPQ. The program includes other dance forms, among them the gavotte, bouree, gigue, mazurka, polonaise, schottische, and folks dances by composers from J.S. Bach to Samuel Barber.

The OPQ grew out of a 1993 performance reuniting musical friends. Since then, the four musicians--Jeannette Chun, Thelma Diercks, Lillian Ito, and Eleanor Lum-- have regularly met to enjoy the pleasures of making music at two pianos.

All performers are active musicians. Jeannette Chun, a highly-respected piano instructor, continues to teach students young and old. Thelma Diercks plays with the U.H. Gamelan Ensemble. Lillian Ito, sought after as a church organist, is the long-time pianist for the Gleemen Plus. She also leads a ukelele group. Versatile Eleanor Lum plays cello in the Oahu Civic Orchestra and sings with the Hawaii Ecumenical Chorale.

◆ *Quantum Reality: Changing Perspectives, Awakening Consciousness*

Instructor: Harriet H. Natsuyama, Physicist, former professor, California State University-Fullerton

Dates: Mondays, February 2, 2009

Time: 9:30 am - 12:30 pm

Location: Krauss 112

Description: Paradigms are our world views and they affect our approach to life and how we live it. We are transitioning from the Mechanical Paradigm bequeathed us by Newton and other classical physicists, to the Quantum and Consciousness Paradigm of the late 20th and early 21st Centuries. This new paradigm is now helping meld two great knowledge traditions: science and spirituality, which have been separated for 400 years, and it is helping us cope with this time of great change for humanity.

This presentation is open to all OLLI students. It is also the initial meeting of the *Quantum Reality* course (described below). This presentation and the course *Quantum Reality* are part of ongoing *Changing Perspectives Awakening Consciousness* series.

◆ *Quantum Reality*

Instructor: Harriet H. Natsuyama, Physicist, former professor, California State University-Fullerton

Dates: Mondays, February 2, 9, 16, 23, Mar. 2, 9

Time: 9:30 am - 12:30 pm

Location: Krauss 112

Enrollment: Limited to 10 students. Instructor prefers prior participation in one of her classes (or consent of instructor). After enrolling, please send an email message to the instructor at hhnatsu@yahoo.com for communication prior to class. Class has required textbook and additional materials fee of \$16.

(Continued on page 21)

◆ **Culinary Cinema: Films of Ang Lee**

Facilitator: Thomas Sheeran, World Traveler, Geography Instructor.

Dates: Weds., Feb. 25, Mar. 18, April 15, May 13

Time: 3:30 pm - 6:30 pm

Location: View films in Krauss 112. Map/directions to post-film restaurant sites will be provided at each showing.

Description: In this series, we will continue to savor some tasty film morsels followed by dinners that are in keeping with the theme/cuisine/sensibility of each film by director Ang Lee. Scheduled films include:

- *Wedding Banquet* (Feb. 25)
- *Eat, Drink, Man, Woman* (March 18)
- *Sense and Sensibility* (April 15)
- *Brokeback Mountain* (May 13)

In the restaurant visits following the films, participants will pay on-site for their own restaurant meals (approximately \$15 each not including drinks).

Please note: RSVPs are required for each film.

◆ **Practical Computing: One-on-One Tutoring**

Instructor: Robert G. "Papa" Ahlstrom, Writer

Dates: Variable, depending on individual needs

Time: Call 220-8744 for appointment.

Location: Krauss 113; computer labs; or off-campus

Description: If you'd like to learn how to maneuver through email; conduct research on the internet; learn WORD or EXCEL, these **individual tutoring** sessions may be helpful. To arrange tutoring times on or off-campus, please call Mr. Ahlstrom directly at 220-8744. NOTE: Modest hourly fees may be requested for any off-campus tutoring sessions.

◆ **Bhutan: Land of the Peaceful Dragon**

Presenter: Maria Lowder, World Traveler

Date: Monday, February 2

Time: 2 pm - 3 pm

Location: Krauss 112

Description: In Fall 2008, Maria Lowder visited Nepal, Bhutan and India. In this slide presentation, she will share her adventures. The journey begins at the Nepal/India border, climbs to the tea plantations of Darjeeling and takes in the magnificent mountainscapes in Sikkim before entering Bhutan and its capital, Thimpu, during the coronation of the King. After colorful stops at markets, temples and monasteries, she and her companions cross the Duchola Pass then visit Paro on horseback to see Taktsang Monastery. From Kathmandu, a flight aboard Buddha Air offers snowy panoramas of towering Mount Everest and surrounding peaks.

◆ **Living and Giving from Vision and Values:**

Creating a Legacy of Leadership with Estate & Gift Planning

Presenter: Michael Coppes, JD, Assoc. Dir. of Estate and Gift Planning, UH Foundation

Date: Tuesday, February 24

Time: 10 am to Noon

Location: Krauss 112

Description: Ever feel as though you are going through life merely reacting to daily circumstances and demands? Have you taken time to plan your estate and personal affairs in ways that genuinely reflect what is most important to you? In this program, Michael Coppes, attorney and Associate Director for Estate and Gift Planning at the University of Hawai'i Foundation, will provide information on basics of estate and gift planning and current status of Federal Estate Tax laws. He also will share his thoughts on what it means to live, plan and make choices based on values. He will explain how to invest in values in ways that can increase retirement income and explore what might be possible for our families and the world if we choose to live and give from vision and values.

SPRING 2009

OLLI MEMBERSHIP FORM

Name: _____

Address: _____

_____ City: _____

Zip: _____ Phone: _____

email address: _____

Emergency contact: _____

Phone: _____

1. Complete information above and select your membership category below:

I wish to be enrolled as a Session member: \$60 for Spring Term 2009.

I am a current Annual Member of OLLI. (Note: Annual category expires in 2009).

2. Please make membership check payable to UH Foundation #123-0790-4 (OLLI)

3. On pages 12 & 13, select up to three courses and any special events of interest. (Note: special events are open to OLLI members on a space-available basis.) Remove completed center section (pages 11 to 14).

4. Send membership check and course selections (pages 11 to 14) to:

Osher Lifelong Learning Institute
PMB #460
2440 Campus Road
Honolulu, HI 96822

OLLI MEMBERSHIP INFORMATION

Members may join courses, workshops, participate in special events, receive program news announcements, and join research and community projects. There are no membership requirements of prior educational experience to join the Osher Lifelong Learning Institute at UH Manoa. All courses at OLLI-UHM are non-graded and there are no exams.

• **SESSION MEMBERSHIP, \$60.** Entitles an individual to join and attend up to three courses and/or workshops during Spring Term 2009 and attend Spring Term's special events on a space-available basis. Spring Term 2009 runs from February 10 to May 22, 2009.

Please note: Membership fees are non-refundable. If you have questions about membership, please call our office at 956-8224. Make your course and special event selections on pages 12 and 13, complete the membership application on page 14 and mail with your membership check to:

**Osher Lifelong Learning Institute
PMB #460
2440 Campus Road
Honolulu, HI 96822**

**Please make membership checks payable to:
UH Foundation #123-0790-4 (OLLI)**

SPRING 2009 COURSE SELECTION FORM

Mark below the **courses** and **special events** that you wish to join. Membership in OLLI entitles you to select three courses. **If seats are available**, you may join additional courses. Please indicate your priorities if you make more than three course selections. Special events (listed at right) include films, recitals and lecture presentations. Special events are offered to OLLI members in addition to course selections on a space-available basis; **denotes special fee event.

COURSES

- _____ **Shakespeare**
- _____ **Elizabethan Drama**
- _____ **Dreams: Healing & Physical Health**
- _____ **Classical Composer's Corner**
- _____ **The Working Aquarium Tour**
- _____ ***Muraqaa*: Imperial Mughal HAA Tour**
- _____ **Visual Poetry**
- _____ ***Collecting Memories* Workshop**
- _____ **How To Get Anything You Want**
- _____ **Origins**
- _____ **Writer's Circle**
- _____ **Quantum Reality: *Changing Perspectives***
(single presentation slide show introduction only)
- _____ **Quantum Reality (six-session course)**
- _____ **Culinary Cinema: Ang Lee Films**
- _____ **Computer Tutoring: One-on-One**

SPECIAL EVENTS FOR OLLI MEMBERS

- ___ **Bhutan: Land of the Peaceful Dragon**
Monday, Feb. 2; 2 pm - 3 pm; Krauss 112
- ___ ***Living & Giving From Vision and Values***
Tuesday, February 24; 10 am-Noon; Krauss 112
- ___ ***Oahu Piano Quartet Recital***
Saturday, May 9; 3 pm - 4 pm; Orvis Auditorium
- ___ **OLLI Book Club and Discussions**
Thurs., Feb. 12, Mar. 12, Apr. 9; 9:30 am; Krauss 113-B
- ___ ***Humanists Hawaii* Lecture Series**
Sun, Feb. 22, Mar. 29, Apr. 26, May 31; 10:30 am, Krauss 112
- ** ***Much Ado About Nothing*: Actors From The London Stage**
Saturday, March 14; 7:30 pm; Paliku Theatre, WCC
- ___ **10th International Shoebox Sculpture Exhibit**
March 1 through April 9, UHM Art Gallery
- ___ ***Earth Meets Spirit: Zen and Photography***
Thursday, Feb. 26; 7 pm-8pm; Yuki-yoshi Rm. Krauss 012
- ___ **Patrick Nagatani: Art Lecture**
Weds. March 11; 6 pm - 7:30 pm; UHM Art 132
- ___ **Judy Fox: Art Lecture**
Weds. April 15; 6 pm - 7:30 pm; UHM Art 132

SPRING 2009 / OLLI office use only:
